



SCAN TO REGISTER

EMS CONFERENCE
FEBRUARY 25 - 28, 2026
REGISTRATION BROCHURE

41 Lakefront Hotel
Geneva, NY

Hotel Information



CONFERENCE LOCATION:

41 Lakefront Hotel by Wyndham

41 Lakefront Drive, Geneva, NY 14456
(315) 789-0400 / 41lakefront.com

****Conference Rates are available for
overnight accommodations.****

RESERVATION PROCEDURE:

Guests can make their own reservations by
Direct calling (315) 789 - 0400 & providing the
room block # 022626EMS

Please say that you are attending the EMS
Conference

OTHER AREA HOTELS:

Hampton Inn Geneva

43 Lake Street, Geneva, NY 14456
(315) 781-2035

Holiday Inn Express & Suites

530 Hamilton Street, Geneva, NY 14456
(315) 787-0530

Fairfield Inn & Suites by Marriott

383 Hamilton Street, Geneva, NY 14456
(315) 789-2900



www.flremsc.org

In 2026

- ▶ **1** Three Pre-Conference Options
- ▶ **2** Room Block Available
- ▶ **3** Regional Awards Banquet with Music Afterwards
- ▶ **4** Silent Auction
- ▶ **5** Door Prizes
- ▶ **6** Phone / Tablet Charging Station



Vendors will be set up throughout the day on Friday and Saturday. Be sure to bring your BINGO card when you're visiting vendors during breaks and lunch, so they can stamp your card. Once you have your card full, simply place your name and email on the back and drop it in the basket at the front table. You'll be entered for a chance to win a gift card.





WEDNESDAY

Preconference -

Leadership

Day 1 (must attend both days)

Leadership - Preconference – Wednesday & Thursday (must attend both days) February 25 & 26, 2026		
Time	Day 1	
8:30 – 9:00a	Registration/Welcome	
9:00 - 10:30a	Introduction Introducing NEMSMA 7 Pillars Default vs Created Future Brian Wiedman	90 mins
10:30 – 10:45a	Break	
10:45 – 11:30a	Developing a Learner's Mindset Brian Wiedman	45 mins
11:30 – 12:30p	Lunch	
12:30 – 1:45p	Foundations of Leadership Part 1: Getting to a Clean Slate Brian Wiedman	90 mins
1:55p – 2:30p	Foundations of Leadership Part 2: Manager vs. Leader / The Influence of Leadership on Culture Brian Wiedman	35 mins
2:30 – 2:45p	Break	
2:45 – 4:00p	Styles of Leadership Brian Wiedman	75 mins
4:00 – 5:00p	Creating Yourself as a Leader Part 1 / Closing Day 1 Brian Wiedman	60 mins





THURSDAY

Preconference -

Leadership

Day 2 (must attend both days)

Leadership - Preconference – Wednesday & Thursday (must attend both days) February 25 & 26, 2026		
Time	Day 2	
8:30 – 9:00a	Registration/Welcome	
9:00 – 10:00a	Overview of Day & Creating Yourself as a Leader Part 2 Brian Wiedman	60 mins
10:00 – 10:30a	Creating a Personalized Change Plan Brian Wiedman	30 mins
10:30 – 10:45a	Break	
10:45 – 11:45a	Intentionally Designing a New Culture Part 1 Brian Wiedman	60 mins
11:30 – 12:30p	Lunch	
12:30 – 1:30p	Intentionally Designing a New Culture Part 2 Brian Wiedman	60 mins
1:30 – 2:30p	Leading From a New Context Part 1 Coaching and Mentoring Brian Wiedman	60 mins
2:30 – 2:45p	Break	
2:45 – 3:15p	Leading from a New Context Part 2 Communications Brian Wiedman	30 mins
3:15 – 4:15p	Leadership in Action Brian Wiedman	60 mins
4:15 – 4:30p	Completion and Wrap Up Brian Wiedman	20 mins





THURSDAY ***Preconference - Instructor Update***

Instructor Update - Preconference - Thursday – February 26, 2026		
Time		
1:00 - 1:30p	Registration/Welcome	
1:30 – 2:30p	New York State Education Update NYS DOH Staff	60 mins
2:40 – 3:40p	Teaching the Adult EMT Learner: Real – World Strategies that Stick John MacMillan	60 mins
3:40 – 4:40p	Defib the Dull: Energizing EMS Education with Immersive and Flipped Labs Mike Turek	60 mins





WEDNESDAY

Preconference - Advanced and Difficult Airway 2 day course

(Must attend both days)

Difficult Airway Class - Preconference – Wednesday & Thursday (must attend both days) – February 25 & 26, 2026		
Time	Day 1	
8:30 – 9:00a	Registration/Welcome	
9:00 – 9:15a	Introduction and Course Overview Jeffrey Simons	15 mins
9:15 – 10:00a	Airway Anatomy and Positioning Air Methods Team	45 mins
10:00 – 11:00a	Oxygenation and PEEP Air Methods Team	60 mins
11:00 – 12:00p	Airway Skills Breakout	60 mins
12:00 – 12:45p	Lunch	
12:45 – 2:30p	Airway Prediction and Assessments Air Methods Team	105 mins
2:30 – 2:45p	Break	
2:45 – 3:30p	Understanding Pediatric Airways Air Methods Team	45 mins
3:30 – 4:30p	Skills Station Air Method Team	60 mins
15 Minute Stations	• Trauma / Medical • Pediatric	
4:30 – 5:00p	Capnography and Perfusion Air Methods Team	30 mins
	Recap and Day 1	





THURSDAY

Preconference - Advanced and Difficult Airway 2 day course

(Must attend both days)

Difficult Airway Class - Preconference – Wednesday & Thursday (must attend both days) – February 25 & 26, 2026		
Time	Day 2	
8:30 – 9:00a	Registration/Welcome	
9:00 – 9:15a	Review of Day 1 Air Methods Team	15 mins
9:15 – 11:30a	Laryngoscopy and RSI Air Methods Team	135 mins
11:30 – 12:30p	Airway Skills Breakout	60 mins
12:30 – 1:15p	Lunch	
1:15 – 2:30p	Skills Stations Air Methods Team	
15 – 20 Minute Stations	• Video Laryngoscopy • Direct Laryngoscopy • RSI Scenarios • Crash / Failed Airways	
2:30 – 3:30p	Case Reviews Air Methods Team	60 mins
3:30 – 3:45p	Break	
3:45 – 4:30p	Mechanical Ventilation Air Methods Team	45 mins
4:30 – 5:00p	Wrap Up / QA Air Methods Team	30 mins





FRIDAY

Conference Line Up

Friday – February 27, 2026			
Time			
7:30a - 8:00a	Registration/Welcome		
8:00a - 9:00a	When Your Patient Reaches the Breaking Point Chris Ebright	From Chaos to Cradle: Mastering Prehospital OB Care John MacMillan	60 mins
9:20a -10:20a	Trauma Triage & The Role of a Trauma Center Michael Vella, MD	Psychiatric Emergencies Made Simple Drew Anderson	60 mins
10:20a – 10:40a	Break		
10:40a -11:40a	When Allergies Attack John MacMillan	Life Savers, A Look into Life Saving Mike Turek	60 mins
11:40a - 12:40p	Lunch		
12:40p - 1:40p	Hot Tots! Pediatric Burn Patients Chris Ebright	Beyond AVPU: Using Mental Status Exams in the Prehospital Environment Drew Anderson	60 mins
1:40p – 2:00p	Break		
2:00p - 3:00p	Toxicology & Toxidromes John MacMillan	High-Stakes, High-Fidelity: Advancing Trauma Team Coordination Through Simulation Nicholas Bedrin, MD	60 mins
3:20p - 4:20p	Shaken, Not Stirred Chris Ebright	EMS and EDP: Handling Emotionally Disturbed Persons Drew Anderson	60 mins
5:30p – 9:30p	Regional Awards and Banquet with DJ		



SATURDAY *Conference Line Up*

Saturday – February 28, 2026			
Time			
7:30a - 8:00a	Registration/Welcome		
8:00a - 9:00a	Long Fall, Short Stop Mike Turek	Integrating Behavioral Health into Your EMS Agency Drew Anderson	60 mins
9:20a -10:20a	I've Fallen, and I Can't Get Up John MacMillan	Attributes of an Effective FTO Rich Mosher	60 mins
10:20a – 10:40a	Break		
10:40a -11:40a	When Nature Calls – EMS After Hurricanes in U.S. Virgin Islands Les Polk	Pressing the Reset Button: Relaxation Skills for EMS Providers Drew Anderson	60 mins
11:40a - 12:40p	Lunch		
12:40p - 1:40p	Lights, Sirens, Safety: Excellence in EMS Driving John MacMillan	EMS Legal Myths: Tough Calls That Shape Care and Careers Charles Nerko	60 mins
1:40p – 2:00p	Break		
2:00p - 3:00p	Let's Bag Better, Rethinking the BVM Mike Turek	When Peer Support Isn't Enough: Mental Health Treatment and Your Agency Drew Anderson	60 mins
3:20p - 4:20p	Behind the Sirens: Real Pediatric Trauma Cases with Hard-Hitting EMS Takeaways Adam Oplinger	Simplifying the Squiggles; BLS EKG Rich Mosher	60 mins

MEET ***Our Speakers***



Drew Anderson

Drew Anderson, Ph.D., FF/EMT is an Associate Professor of Psychology at the University at Albany-SUNY. He is an active teacher and researcher, and he also maintains a clinical practice in the Albany, NY area. Drew has been an EMT since 2011 with Delmar-Bethlehem EMS (DBEMS), where he is currently a Lieutenant and the Behavioral Health Director. He is also a Captain with the Delmar Fire Department. Drew consults on behavioral / mental health issues for first responders through QOL Consulting LLC, and is a regular speaker at EMS conferences around the country.



John MacMillan

John MacMillan is a Critical Care Paramedic from Schenectady, New York, and owner of Quality Rescue Services Training, LLC, an EMS education and consulting company. John has been in emergency services for almost 40 years, starting as a junior member in his volunteer fire department, and continues to serve the community as a paramedic in Saratoga County. John started his EMS education career in 2005 and, following his mentor's footsteps, he became a certified instructor coordinator and has educated countless EMTs and Paramedics throughout New York State. John's passion is in EMS education and creating engaging, enjoyable content for his original and continuing education students.

MEET ***Our Speakers***



Rich Mosher

Rich Mosher is an EMS educator, flight paramedic, conference speaker, and host of an EMS-focused podcast. With years nearly two decades of frontline experience in both ground and air medical transport, Rich delivers dynamic, high-impact presentations on topics ranging from critical care to operational readiness. Known for blending evidence-based practice with real-world lessons, he engages audiences with practical takeaways and memorable stories. Whether on stage or behind the mic, Rich's mission is to inspire providers to grow in skill, confidence, and passion; ensuring they're ready to deliver their best when it matters most. Audiences know Rich for his powerful storytelling, ability to turn complex medical concepts into clear, actionable strategies, and his passion for elevating the EMS profession. Whether you're looking to sharpen your clinical skills, strengthen your leadership, or simply reignite your "why," Rich's sessions deliver the tools and motivation you need to excel in the moments that matter most.



Chris Ebright

Instructor

Chris Ebright is the Lead Instructor for The University of Toledo EMS Program, where he provides all aspects of primary EMS education in-house, as well as continuing education for numerous EMS services within Toledo and Northwest Ohio. Chris has been a Nationally Registered paramedic for 29 years, providing primary EMS response and critical care transportation. He has educated hundreds of first responders, EMT's, paramedics, and nurses with his trademark whiteboard sessions, including students from the Cayman Islands, India, and Australia. Chris is also a recurring article contributor to the Limmer Education website, and has been a featured presenter at numerous local, state, and national EMS conferences over the past 17 years.



MEET

Our Speakers



Michael Vella, MD

Trauma Medical Director, Kessler Trauma Center

Dr. Vella is an Associate Professor in the Division of Acute Care Surgery and Trauma, Department of Surgery. He currently serves as the Trauma Medical Director at the Kessler Trauma Center. Dr. Vella obtained his medical degree from the Perelman School of Medicine at the University of Pennsylvania in 2010. He completed his general surgery residency and internship at Vanderbilt University Medical Center, followed by a fellowship in Surgical Critical Care at the Presbyterian Medical Center/University of Pennsylvania. Additionally, he earned an MBA from Vanderbilt University in 2015. Board-certified in General Surgery by the American Board of Surgery, Dr. Vella holds faculty appointments with the Department of Surgery and the Department of Pediatrics. His dedication to medical education has been recognized with the Seymour I. Schwartz, MD Faculty Excellence in Teaching Award.



Nicholas Bedrin, MD

Assistant Professor

Dr. Bedrin received his medical degree from New York Medical College. He comes to the University of Rochester after completing his general surgery residency at University of Vermont Medical Center, Burlington. Dr. Bedrin completed fellowship training in Surgical Education Research with the Association for Surgical Education as well as a Surgical Simulation Fellowship at the Clinical Simulation Laboratory, University of Vermont, Burlington. Dr. Bedrin most recently completed a Fellowship in Surgical Critical Care at Oregon Health & Science University, Portland.



MEET

Our Speakers



Charles Nerko, EMT, Esq

Attorney

Charles Nerko, EMT, Esq. is an attorney and EMT who serves as a trusted advisor to EMS agencies and healthcare organizations, driving results that enhance their financial performance while mitigating legal risks. Among his notable achievements, Charles has successfully negotiated increased government funding for multiple EMS agencies and has advocated for clients in high-profile legal matters that have garnered significant media attention, including a dispute concerning access to Michael Jackson's medical records. As a partner at Barclay Damon LLP, Charles is part of a dynamic team of nearly 300 attorneys operating from 11 offices across New York and the Northeast. When not in the courtroom, he serves as the Advisory Board Chair and Chaplain for his community's rescue squad and is an Ambulance Commissioner on the Budget Advisory Committee for the High Falls Ambulance Improvement District. Charles can be reached at cnerko@barclaydamon.com or 518.429.4271



Michael Turek

Paramedic / CIC

Mike Turek launched his EMS career in Poughkeepsie, NY, in 2007, progressing from EMT to AEMT and now Paramedic over nearly two decades. In 2020, he founded Medic Materials to transform EMS education, replacing outdated methods with engaging, evidence-based courses via today's best online platforms. Alongside fellow educators, Mike delivers dynamic content globally through the Medic Materials Podcast, infusing humor and innovation to foster lifelong learning.



MEET

Our Speakers



Brian Wiedman, NYS DOH

Paramedic

Brian Wiedman brings over 30 years of experience in Fire and EMS, with a diverse career spanning roles from EMT focused on hospital transfers to Chief of a midsized EMS agency. His extensive background provides a deep understanding of patient care, along with strong expertise in the administrative and operational aspects of Emergency Medical Services. Brian earned a bachelor's degree in Public Safety Administration from Roberts Wesleyan College and is currently serving as a District Chief Investigator for the New York State Division of State EMS, based in Rochester.



Les Polk

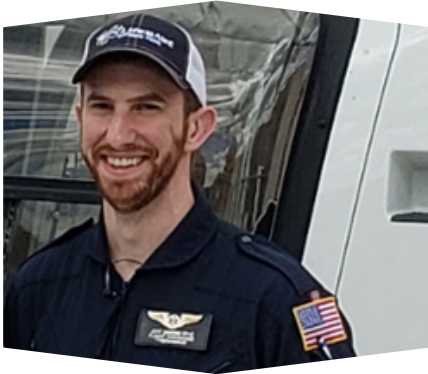
National Director of Clinical Excellence

Les Polk has worked in EMS for over 20 years. He has served as an EMT, Paramedic, and leader in EMS organizations in NY, NJ, and PA. He currently serves as National Director of Clinical Excellence for DocGo and Ambulnz by DocGo. He has received an Associates in Applied Science Degree from Union County College in Plainfield, NJ and completed his paramedic education at the Freda and Robert N. Brown Paramedic Program with clinical sponsorship from RWJBarnabas Health. He has received a Bachelor of Science degree in Natural Science with a concentration in Biology and a minor in Music from Muhlenberg College in Allentown, PA. He completed Graduate Coursework in Biomedical Sciences from the Philadelphia College of Osteopathic Medicine. He has received a Master of Science in Health Science Degree from the George Washington University in Washington, D.C. concentrating in EMS Leadership. He is a Six Sigma Black Belt and a Fellow of the American College of Paramedic Executives as well as a Certified Instructor Coordinator and NJ EMT Instructor.



MEET

Our Speakers



Jeffrey Simmons

Flight Paramedic

Flight Paramedic by trade with a passion for emergency services education and creating dynamic training simulations. As a Clinical Educator Jeff works to develop online educational content as well as innovative in person training programs for Air Methods Ascend. Jeff is always looking for ways to create dynamic and interactive educational content. Outside of the world of EMS Jeff enjoys photography, biking, snowboarding and is an amateur handyman who can still count to ten with his fingers.



Adam Oplinger

Adam Oplinger has over 30 years of experience in EMS, beginning as an EMT in 1990 and advancing to paramedic in 1996. He spent 15 years in critical care transport as a flight paramedic and nurse. Adam began his nursing career in a pediatric cardiac ICU and later served as a pediatric critical care transport nurse and coordinator of the Pediatric Transport Team. He has also served as the Pediatric Trauma Program manager at UR Medicine's Kessler Trauma Center. He is now the Director of Clinical Operations at Mercy Flight Central, and he holds dual bachelor's degrees in nursing and organizational management.



Preconference Advanced and Difficult Airway Management

Session

The Advanced and Difficult Airway Management - This program builds on the Essentials of Airway Management program (Day 1 of this 2-day course) and is a 2-Day didactic and hands-on, skills-based airway course designed for Advanced, Flight and Critical Care EMS providers and other medical professionals who may be required to manage a patient's advanced/difficult airway outside of a hospital setting.

***For Paramedics in the Finger Lakes Region, this will serve as the primary education (along with a future skills day) for those who wish to be cleared by their Agency Medical Directors to perform RSI. ***

Please note the cost for the program is \$650 per student. Additionally, to run the class we need a minimum of 12 people to hold the class and it will be cancelled if that number is not reached by January 25th, 2026





Preconference NYS Instructor Update

Session

Lights, Sirens, Learning! Making EMT Education Unforgettable

Get ready to flip the switch on traditional EMT training! This high-energy session dives into proven ways to grab your students' attention, keep them engaged, and turn every lesson into an unforgettable experience. We'll explore creative twists on skills labs, scenario-based challenges that feel like the real thing, and low-cost tools to make even the driest topics come alive. From adrenaline-pumping simulations to team-based competitions, you'll learn how to harness curiosity, laughter, and real-world problem solving to supercharge retention and confidence. Whether you're teaching airway management or patient assessment, you'll walk away with strategies that make your students eager to learn, quick to respond, and excited to come back for more. Learning has never been this much fun!

Session

Defib the Dull: Energizing EMS Education with Immersive and Flipped Labs This dynamic course equips EMT and Paramedic instructors with cutting-edge strategies to revolutionize lab training. Discover how to seamlessly integrate lab skills into lecture settings through flipped classroom techniques, create engaging, scenario-based immersive labs utilizing technology and moulage ideas to create the realest in classroom scenario possible, and effectively track student progress to ensure mastery of critical EMS competencies.

Session

NYS Education Update



Preconference Leadership

Session

The New York State EMS Leadership Course

Times have changed significantly, and EMS organizations of all kinds are finding that the leadership of the past is ineffective in today's climate. We must be adaptable to the changing landscape and mindsets associated with EMS and leadership. Instead of installing leaders based on popularity or blind authority, EMS needs leaders who are willing to continue to grow personally and professionally and are committed to creating a thriving, sustainable, and magnetic organization to best serve both providers and patients. This two-day curriculum was developed to share the latest evidence-based theories and strategies for current and developing leaders to achieve that goal.

Over the course of two days, you will discover the barriers to being an effective leader and how to transform yourself so that you will persevere when challenges and discord arise.

Day 1: Developing Yourself into the Leader People Want to Follow

- Foundations of Leadership
- Recreating Yourself as a Leader to Cause Positive Impact

Day 2: Developing Others: Causing Sustainable Change

- A Pathway for Sustainable Change
- Building a Psychologically Safe Culture
- Applications and Strategies for EMS Operations





SESSION

Descriptions

Session

Behind the Sirens: Real Pediatric Trauma Cases with Hard-Hitting EMS Takeaways - This dynamic session dives into two real-world pediatric trauma cases with significant EMS involvement, highlighting critical moments that shaped patient outcomes. Through detailed case reviews, we'll explore what went right, what could have been improved, and practical lessons for every EMS provider. Attendees will gain actionable insights to enhance pediatric trauma care, improve decision-making under pressure, and ultimately save young lives on the frontlines.

Session

Trauma Triage & The Role of a Trauma Center - An overview of trauma triage, explaining how patients are assessed and prioritized, combined with an outline of what a trauma center is, including its specialized resources, staff, and role in life-saving treatment for critically injured patients

Session

Effective Field Training Officer (FTO): Nurturing Talent Through Mentorship - This course delves into the critical role of mentorship in the context of being a Field Training Officer (FTO). Participants will explore the significance of mentorship in shaping the next generation of EMS professionals, emphasizing the responsibilities and challenges associated with the FTO role. The course will also address the importance of selecting individuals suited for the FTO position and provide insights into fostering a positive learning environment.



SESSION

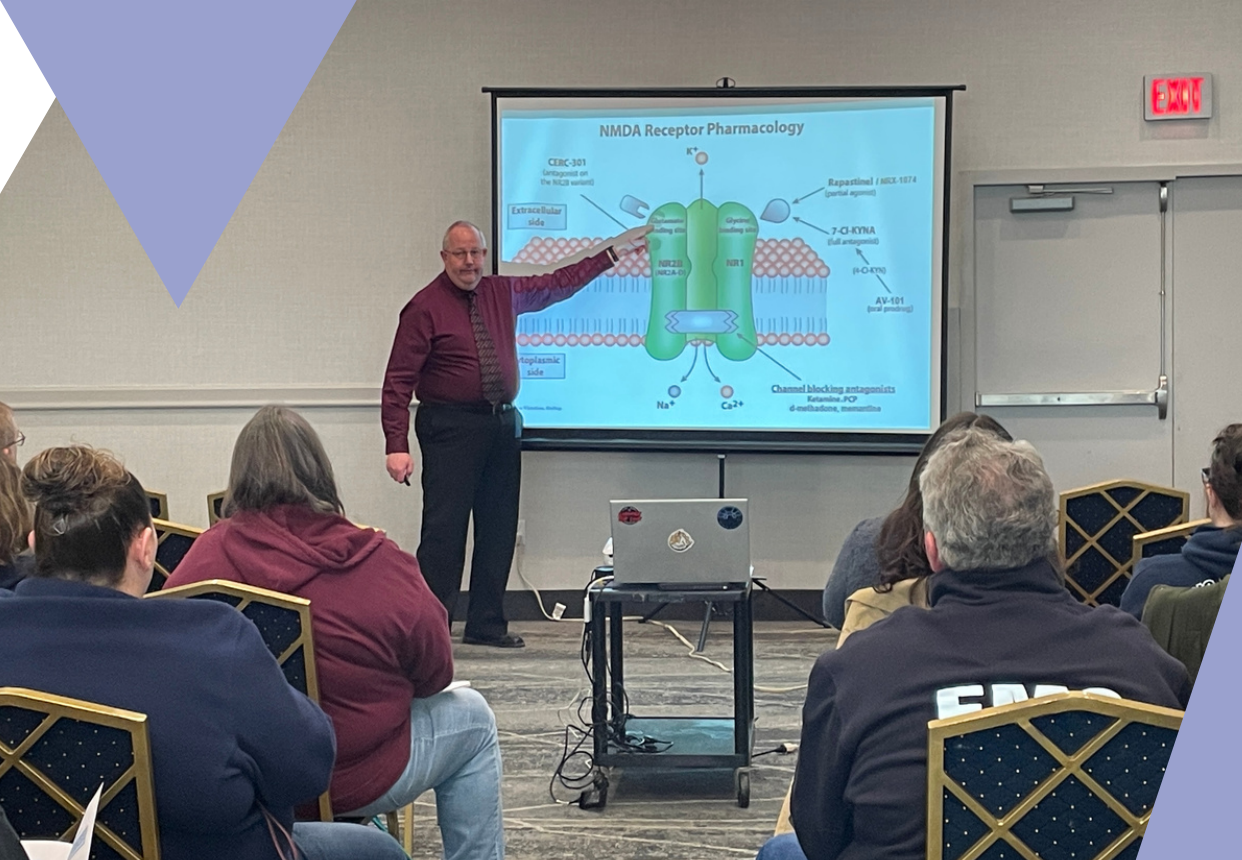
Descriptions

Session

Simplifying the Squiggles: EKG for BLS Providers - This informative lecture is designed to equip EMT-B students with the foundational knowledge and skills needed to interpret Electrocardiograms (EKGs) in Basic Life Support (BLS) settings. Students will delve into the principles of cardiac electrophysiology, recognize normal and abnormal EKG patterns, and understand how to apply EKG electrodes, and assist ALS in interpretation in the pre-hospital environment. This session promises a comprehensive blend of theory and practical application, enhancing the competency of BLS providers in cardiac monitoring and patient care.

Session

When Nature Calls-EMS After Hurricanes in U.S. Virgin Islands - When Hurricanes Irma and Maria struck the U.S. Virgin Islands with the devastation of a Category 5 storm, critical infrastructure was damaged. Through an Emergency Management Assistance Compact (E.M.A.C.) request from the U.S. Virgin Islands, the New Jersey EMS Task Force was able to deploy a contingent of highly-trained EMTs and paramedics as well as a fleet of all-terrain ambulances to assist in the recovery efforts. You will learn how you can utilize your education, training, skills, and expertise to function in an austere environment with minimal resources and a challenging environment. We will discuss how lessons learned in this E.M.A.C. deployment can be applied to other planned or unplanned incidents and disaster management as it pertains to EMS. You will learn how applying principles of tactical paramedicine can be applied to routine responses in any EMS system.



SESSION *Descriptions*

Session

High-Stakes, High-Fidelity: Advancing Trauma Team Coordination Through Simulation -

Explore how using simulation training can improve collaboration and communication among trauma teams, from pre-hospital responders to in-hospital staff. The focus will be on strengthening the handoff process and optimizing overall team performance in high-stress, critical situations.

Session

From Chaos to Cradle: Mastering Prehospital OB Care - While most childbirths in the United States occur in a health care setting with trained medical personnel in attendance, the rate of births occurring in out-of-hospital settings has increased by approximately 77% since 2004. The most recent data available suggest that approximately 2 of every 100 births will occur outside of the hospital environment. In 2017, there were over 60,000 out-of-hospital births, with just over 38,000 of them taking place in the home. When responding to an obstetric emergency, the EMT is faced with a critical decision: delay transport and assist with the delivery on scene or initiate transport.

This session covers the fundamentals of obstetric emergencies that EMTs may encounter in the field. It begins with an overview of female reproductive anatomy and the stages of pregnancy, focusing on changes that affect prehospital care. The session then details normal labor and delivery, including the three stages of labor, how to assist in an emergency birth, and key steps in neonatal resuscitation. We will also discuss some rare but sometimes often seen complications of childbirth and their management priorities.



SESSION

Descriptions

Session

Let's Bag Better, Rethinking the BVM - This course focuses on refining the use of the bag-valve-mask (BVM), a critical yet often underutilized and misused tool in the EMS toolkit leading to EMS clinicians guessing more than treating. Participants will explore airway and lung anatomy, principles of protective tidal volume, and techniques to prevent lung tissue damage. The curriculum emphasizes advanced methods for achieving effective mask seals and optimal patient positioning to enhance ventilation outcomes.

Session

Life Savers, A Look into Life Saving Pharmacology - This course offers an in-depth exploration of two critical medications in EMS: Aspirin and Epinephrine. The curriculum covers the origins, indications, physiological effects, and precise dosing protocols for these life-saving drugs. By enhancing understanding and application of these essential medications, this course empowers EMS professionals with the knowledge and confidence to make informed clinical decisions in high-stakes scenarios.

Session

Long Fall, Short Stop - This course for EMTs and paramedics provides an in-depth exploration of neurogenic shock, focusing on its anatomical and physiological underpinnings. Participants will examine the interconnected roles of the nervous and vascular systems in the development of neurogenic shock, including its etiology, progression, and clinical manifestations. The course covers evidence-based assessment techniques and treatment strategies, equipping learners with the knowledge and skills to effectively manage this rare critical condition in emergency settings.



SESSION

Descriptions

Session

Lights, Sirens, Safety: Excellence in EMS Driving - There are roughly 10,000 ambulance crashes every year in the US. Not only are crashes the single highest risk of civil liability and cost agencies more than 500 million dollars annually, but they also account for the most frequent cause of occupational death among EMS providers.

This session provides EMTs with essential knowledge and skills for the safe and effective operation of an ambulance during emergency and non-emergency responses. It covers legal considerations, including local and state driving laws, use of warning devices (lights and sirens), and the concept of "due regard" for the safety of others. The lecture emphasizes the importance of minimizing risk to crew, patients, and the public while ensuring a timely response. Case studies and real-world examples are used to reinforce critical decision-making and stress management behind the wheel.

Session

Toxicology & Toxidromes - Overdose and poisonings is a common cause of request for EMS service, whether the exposure is intentional or unintentional. There are several toxic syndromes (toxidromes) that can help the EMS provider to better determine the class of agent causing symptoms and help to facilitate treatment. This session will be a review of the common toxidromes we could see in the field and the antidotes and treatments we can provide.

- Identify the common signs and symptoms of poisoning and toxic exposures
- Describe the assessment and treatment of patients with a potential toxic exposure or poisoning
- Describe how poisons and toxins can enter the bottom
- Describe a toxidrome and symptom recognition for poison



SESSION

Descriptions

Session

When Allergies Attack - Allergies and anaphylaxis are terms that concern even the most experienced provider. The unpredictable nature of allergic reactions and where they can head with our patients is something that should constantly keep us on guard. This class will delve into the details of what causes allergic reactions to give you a better understanding of the body's responses and how they affect our patients. We will review the medications administered to counter these issues, as well as hands on skills for medication administration.

- Define how the immune system works
- Describe the functions of the immune system
- Describe how medications work on the immune system

Session

I've fallen, and I Can't Get Up - In general, people age gracefully. There are those, however, who have a multitude of co-morbidities and disease processes associated with age. This course will take a deeper look into assessment areas that are specific to the geriatric population to gather information that will assist in patient advocacy, experience, and overall treatment.

Session

EMS Legal Myths: Tough Calls That Shape Care and Careers - This high-energy, interactive session drops you into real EMS scenarios where you and your peers will challenge long-held legal myths and discover that sometimes there is more than one "right" answer. Expect spirited debate, plenty of laughs, and practical takeaways you can put to work immediately to elevate your patient care, sharpen your leadership skills, and lower the odds that a video from your last call shows up as Exhibit A in a courtroom.



SESSION

Descriptions

Session

When Peer Support Isn't Enough: Mental Health Treatment and Your Agency - Peer support, both formal and informal, can be extremely beneficial in helping individuals in distress and lessen the need for formal mental health treatment. Sometimes, however, despite our best efforts members in our agencies will require a higher level of care. This presentation will assist agency leaders in developing best practices for identifying those who might benefit from a higher level of care, finding qualified mental health professionals and developing effective relationships with them, and supporting members who are in mental health treatment.

- 1: Articulate guidelines for when to refer an individual to a higher level of care.
- 2: Understand best practices in choosing mental health practitioners and establishing relationships with them.
- 3: Understand options for supporting individuals in your agency receiving mental health treatment.

Session

Pressing the Reset Button: Relaxation Skills for EMS Providers - EMS is by its nature a stressful profession, both physically and emotionally, and this stress has huge physical and emotional costs. Fortunately, however, providers can learn to adapt and cope with stress and reduce its effects. This presentation will focus on relaxation training, one simple but very effective method of coping with stress and associated problems such as reduced sleep. It will review how relaxation works, describe a framework for understanding relaxation, and review and practice some of the most effective strategies for relaxation that work well in an EMS environment.

- 1: Understand how relaxation strategies work
- 2: Describe a useful framework for understanding relaxation strategies
- 3: Use effective relaxation strategies in real-world situations



SESSION

Descriptions

Session

Integrating Behavioral Health Into Your EMS Agency - EMS has significant problems with provider health as well as high rates of provider stress, distress, burnout, depression, PTSD, substance use, and suicidality. These problems are not going away, and they have significant costs for both providers and EMS agencies. Provider well-being can slip through the cracks as it is not a role traditionally provided by either EMS administration or Medical Directors. In this talk I will advocate for the position of behavioral health director in EMS agencies and provide strategies and examples of the role and benefits of this position.

1: Articulate the need for a dedicated Behavioral Health Director.

2: Understand the role of Behavioral Health Director and how it can fit into existing agency structures.

3: Understand common policies and procedures that the Behavioral Health Director can implement and oversee to improve provider well-being.

Session

EMS and EDP: Handling Emotionally Disturbed Persons - At any given time, roughly 15%-20% of Americans has a diagnosable psychiatric disorder. Individuals with psychiatric disorders have increased risk of both comorbid medical conditions and emergency room visits. Unfortunately, many are not receiving adequate psychiatric care, which means that EMS providers are frequently called upon to interact with individuals who either are or are at high risk for becoming emotionally disturbed persons (EDP). This presentation will cover basic mindsets EMS providers can adopt that will help them work with EDP as well as practical techniques for handling individuals who are upset or emotionally disturbed.

1: Understand the nature and scope of emotional disturbance on EMS calls

2: Articulate helpful mindsets and techniques for dealing with EDP

3: Practice effective techniques for dealing with EDP



SESSION

Descriptions

Session

Beyond AVPU: Using Mental Status Exams in the Prehospital Environment - The AVPU scale is something every EMS provider learns and ideally uses with every patient. Often it's the only tool that's necessary to assess and describe a patient's level of consciousness, but what about patients and scenarios that require a closer look? The consequences, medical and legal, of poor or inadequate assessment can be enormous. The mental status exam is a brief and easy to use tool to systematically assess and document mental status and capacity. This presentation will review the use and interpretation of mental status exams in the prehospital environment.

- 1: Understand the indications and uses of a mental status exam
- 2: Articulate the components of a mental status exam
- 3: Conduct a brief mental status exam and document findings

Session

Psychiatric Emergencies Made Simple - While psychiatric emergencies make up a significant and growing percentage of EMS calls, many EMS providers struggle to understand and deal with them. This presentation will provide a practical framework for understanding mental health emergencies and provide practical strategies for dealing with those suffering from them.

- 1: Describe a simple framework for understanding mental health issues in a prehospital context
- 2: Review the common mental/ behavioral health causes of agitation and suicidal ideation
- 3: Describe effective techniques for handling patients with these issues.



SESSION

Descriptions

Session

Hot Tots! Pediatric Burn Patients

There are approximately 3,000 pediatric deaths annually due to burns and probably three times as many disabling injuries. Burns not only affect the body physically, but also the life-long emotional well-being of individuals who must deal with any disfigurement that occurred from a burn. This presentation will help the EMS provider provide proper, rapid assessment and care to a pediatric patient sustaining a burn from flame, electrical and/or inhalation injury.

Session

When your patient reaches the breaking point

Need to brush up on some basic musculoskeletal assessment and management? This lecture will help get you back up to speed on caring for various injuries and the complications associated with fractures and dislocations. If nothing else, just come to see all the cool pictures!

1. describe the types of musculoskeletal injuries.
2. explain the assessment findings associated with skeletal injuries.
3. discuss the management of various types of musculoskeletal injuries.
4. select the criteria for the use of antibiotics while treating a musculoskeletal injury.

Session

Shaken, Not Stirred

Seizures are a common medical emergency. Most are brief and self-limited - typically stopping on their own in less than a few minutes and present a low risk of patient harm. There are many types of seizures, which range in severity, and vary by where and how they begin in the brain. Astute recognition and aggressive treatment of seizures and related complications is the foundation of prehospital care. This presentation provides an overview of seizure types, origins, causes, and up to date management practices for EMS professionals.

FINGER LAKES REGIONAL EMS 30TH CONFERENCE REGISTRATION



Complete the form below: (Print)

Full Name :

Full Address :

E-Mail : Phone :

Region : Level:

Sessions

- ☐ \$50 Wednesday & Thursday - Leadership Preconference **(must also submit a completed DOH 65 form)**
- ☐ \$650 Wednesday & Thursday - Advanced and Difficult Airway/ RSI Education w/hands on
- ☐ \$50 Thursday - NYS DOH 3hr Instructor Update Education **(must also submit a completed DOH 65 form)**

- ☐ \$110 Friday Full Day Session Only
- ☐ \$110 Saturday Full Day Session Only
- ☐ \$190 Full 2 Day Conference
- ☐ Friday Night Awards Banquet (\$10 with Paid Registration) **(Must preregister)**
- ☐ \$40 Guest for Awards Banquet

Total

Payment Method : ☐ Check ☐ Credit Card

There will be a \$50 charge on all returned checks, plus any bank fees

Cancellation Policy

Request for cancellation MUST be made in writing and received in the FLREMSC office by February 13, 2026. A non-refundable administration fee of 25% will be retained. NO transfers of conference registrations and NO refunds for "no shows" will be made after this date. The only exception will be for major medical problem affecting the registrant and confirmed in writing by a licensed Healthcare Professional in which case the FLREMSC office must be notified in writing within one week following the conference. NO requests will be honored after one week. **If a refund is approved by the Executive Committee**, a refund minus 25% Administrative cost will be issued to the registrant only.

More Information :

63 Pulteney St, Geneva, NY 14456
(315) 789 - 0108 (Office)
www.FLREMSC.org

Signature

FRIDAY

Sessions (Please select one lecture for each time frame)

8:00am - 9:00am

When Your Patient Reaches the Breaking Point

From Chaos to Cradle: Mastering Prehospital OB Care

9:20am - 10:20am

Trauma Triage & The Role of a Trauma Center

Psychiatric Emergencies Made Simple

10:40am - 11:40am

When Allergies Attack

Life Savers, A Look into Life Saving

12:40pm - 1:40pm

Life Savers, A Look into Life Saving

Hot Tots! Pediatric Burn Patients

Beyond AVPU: Using Mental Status Exams in the Prehospital Environment

2:00pm - 3:00pm

Toxicology & Toxidromes

High-Stakes, High-Fidelity: Advancing Trauma Team Coordination Through Simulation

3:20pm - 4:20pm

Shaken, Not Stirred

EMS and EDP: Handling Emotionally Disturbed Persons

SATURDAY

8:00am - 9:00am

Long Fall, Short Stop

Integrating Behavioral Health into Your EMS Agency

9:20am - 10:20am

I've Fallen, and I Can't Get Up

Attributes of an Effective FTO

10:40am - 11:40am

When Nature Calls – EMS After Hurricanes in U.S. Virgin Islands

Pressing the Reset Button: Relaxation Skills for EMS Providers

12:40pm - 1:40pm

Lights, Sirens, Safety: Excellence in EMS Driving

EMS Legal Myths: Tough Calls That Shape Care and Careers

2:00pm - 3:00pm

Let's Bag Better, Rethinking the BVM

When Peer Support Isn't Enough: Mental Health Treatment and Your Agency

3:20pm - 4:20pm

Behind the Sirens: Real Pediatric Trauma Cases with Hard-Hitting EMS Takeaways

Simplifying the Squiggles; BLS EKG

FINGER LAKES REGIONAL EMS

Conference



FEBRUARY
25-27, 2027

41 Lakefront Hotel
GENEVA, NY

WWW.FLREMSC.ORG

MAKE A DIFFERENCE

JOIN THE COUNCIL!



APPLY AT: [HTTPS://WWW.FLREMSC.ORG/JOINTHECOUNCIL](https://www.flremsc.org/jointhecouncil)

The Finger Lakes Regional EMS Council, established on January 1, 1978 per the New York State Department of Health, is one of 18 Regional EMS Councils that are administrative councils for pre-hospital care providers. It is a voluntary council and can have up to 30 members. The make-up of the council is multi-disciplinary. Not less than one-third of the membership of the regional councils shall be representatives of ambulance services and the remaining membership of the regional councils shall consist of, but not limited to, representatives of existing local emergency medical care committees, physicians, nurses, hospitals, health planning agencies, fire department emergency and rescue squads, public health officers and the general public. All members must reside within the region. The membership committee will review all applications and make a recommendation to the Council for membership. The Council will not discriminate against persons based upon age, sex, sexual preference, color, national origin, race, creed, or religion.

Our Contact Information

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